



STAFF CONTACT INFORMATION

CAMP ADMINISTRATORS

Glenn Wechsler gwechsler@sijcc.com and Stephanie Feldman sfeldman@sijcc.com 718.475.5231 (through June 29)

Camp Administrators may be reached at the camp office as of Monday, June 30 at 718-983-9000

CAMP DIRECTORS

K'ton Ton (entering PreK 3 and PreK 4) Director Patricia Borzoni pborzoni@sijcc.com

Parpar (entering Kindergarten) Director Meghan Morrongiello mmorrongiello@sijcc.com

Nitzan (entering grade 1) Director Tristana Pearson tpearson@sijcc.com

Shalom (entering grade 2) Director Amanda Zeni azeni@sijcc.com

Shemesh (entering grade 3) Director Adam Schwartz aschwartz@sijcc.com

Chalutz (entering grade 4) Director Jeffrey Cilento jcilento@sijcc.com

Chaverim (entering grade 5) Director Meaghan Denesopolis mdenesopolis@sijcc.com

Maccabiah (entering grade 6) & Machon (entering grade 7) Director Jared Brecher

JBrecher@sijcc.com

Nesiyah/Teen Travel (entering grades 8-9) Director Josh Schwartz joschwartz@sijcc.com

Marvin's Junior Director Craig Kennedy ekennedy@sijcc.com

Marvin's Director Laura Irizarry <u>lirizarry@sijcc.com</u>

Marvin's More Director Michael Bernstein MBernstein@sijcc.com

Inclusion Director Lucy Kamil lkamil@sijcc.com

Program Director Sara Doyle sdoyle@sijcc.com

Specialist and Curriculum Director Megan Adinolfi madinolfi@sijcc.com

Operations Director Lucy Kamil <u>LKamil@sijcc.com</u>

Aquatics Liaison and CIT Director Elizabeth Harding EHarding@sijcc.com

Mental Health Professional, Jordan Bernstein jbernstein@sijcc.com



Dear Camp Families,

Welcome to the JCC Day Camp. We are committed to providing a safe, high quality Day Camp experience for your child with a focus on FUN, FRIENDSHIP and COMMUNITY.

This Camp Manual contains valuable information that will answer many of the questions that may arise as you prepare your child for camp and throughout the summer. A goal of this manual is to effectively communicate the best practices we have put in place to ensure a safe summer for your child. Please read this manual carefully and save it for future reference.

Our camp theme for the summer is "New York City" and staff have been planning exciting events and programs geared toward this theme. After packing their bags, campers will create Phantom of the Opera masks, break big apple pinatas, enjoy taxi relay races and Central Park picnics.

We recognize the role that camp plays in a child's development and work tirelessly to make your child's experience at JCC camp a rich and rewarding one. We are dedicated to making each camp day a new and wondrous one and for camp to be a place where your child will develop lasting friendships and life-long memories.

Thank you for joining us this summer!

Glenn Wechsler Stephanie Feldman Camp Co-Directors

OUR CAMP PHILOSOPHY

We are committed to providing children with a high-quality day camp program designed to enhance each child's physical, emotional, social, and intellectual growth while providing them with opportunities to take pride in their Jewish heritage.



ABOUT OUR CAMPSITE

Our 75-acre beautiful wooded campsite including 2 lakes in the heart of the Greenbelt provides the environment for a true traditional camp experience.

Our picturesque site features:

- Three Olympic sized swimming pools
- · Multi-purpose athletic fields
- Shaded picnic areas and playgrounds
- Outdoor basketball, volleyball and Ga-Ga courts
- · Boating ponds and nature trails
- An archery range and outdoor theater

ABOUT OUR STAFF

Our staff lies at the center of the camp's success.

Our caring and experienced team of professionals works year-round to create a funfilled and varied program for the campers. We have a diverse leadership group with backgrounds in education, social work, and school psychology. Our Unit Directors are CPR and First-Aid certified and there is an on-site medical office staffed with a full-time EMT or RN.

Counselors are screened for maturity, creativity, a sense of responsibility, and spirit. They are required to attend pre-camp training that emphasizes children's safety and well-being and stresses their essential role of encouraging campers to reach their full potential and discover talents they never knew existed within them.

We also have a group of trained specialists with expertise in their fields who provide high-quality programming in a wide variety of areas including sports instruction, the arts, nature, animal life, and Israeli culture.



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1. WHAT TO BRING TO CAMP

Please send your child to camp with the following items in a bag or backpack:

- A towel
- 1 to 2 swimsuits
- Bag to hold wet bathing suit
- Extra articles of clothing depending on the age of your child
- Sunscreen*
- Bug spray (optional)
- Water bottle**
- Hat
- Swim shoes (especially for K'Ton Ton and Parpar campers)

Please label all items with your child's name and camp division.

*Please apply sunscreen each morning before sending your child to camp. Staff working in younger divisions will be responsible for re-applying sunscreen to campers. Children in other units are responsible for their own application and will be encouraged by staff to do so. Remember to check your child's sunscreen and insect repellant regularly.

**Please have your child carry water bottles in their backpack. It is essential that campers drink water, especially in hot weather. There is ample opportunity to refill water bottles during the day and campers are frequently reminded to do so.

2. WHAT TO WEAR TO CAMP

Normal attire for camp is shorts, t-shirt and sneakers. Sandals and open-toed shoes should not be worn. It is strongly recommended that your child wear a hat or baseball cap to avoid heat problems on hot summer days. Campers swim daily with the exception of trip days for certain ages. If your child has swim first or second period, it is beneficial to have your child wear a bathing suit under his/her clothes upon arrival. This will save time changing in the morning.

On Fridays, please have your child wear their special white Shabbat celebration shirt that will be handed to your child when camp starts.



3. LOST AND FOUND

An inevitable part of camp is children misplacing things. If found, Unit Directors will return lost items to children. It is imperative that you write your child's name and camp division (e.g. LeBron James, Camp Shalom) on their items.

Items of value such as video games, cellphones, air pods, jewelry, etc. do not belong in camp and we are not responsible for them if they are misplaced, lost, stolen or broken.

4. LUNCH

New this summer, all campers will receive a Kosher lunch daily except on trip days. Items will vary and a menu will be shared with families prior to camp. Campers with allergies will be accommodated. You still have the option of packing your child with a cold lunch.

If you pack lunch for your child, please label with your child's name, division, group number/letter. **Please do not send glassware**.

5. HEALTH AND SAFETY

Your child's physician must examine your child and fill out the Physical Examination Form which can be found online. **CLICK HERE TO DOWNLOAD THE FORM.** Please complete all forms as soon as possible. All campers MUST submit their completed forms before they will be allowed to attend camp.

Please make certain to inform the camp directors about your child's food or other allergies as well as any medical conditions that we should be aware of so that we can ensure a safe camp experience for your child. This vital information will be shared with the camp medical team and your child's Unit Directors and counselors, as appropriate.

If your child is sick in the morning, please do not send them to camp. If in the opinion of the camp medical team, your child is not well enough to remain at camp, you will be called to take your child home.

Our camp medical professional team is present during regular camp hours and is available to address any medical issues that may arise.

In case of an emergency, you will be notified immediately. If we cannot reach you, we will notify your child's physician or other emergency contacts. Please make certain that the emergency numbers entered are up to date.



If a child is diagnosed with head lice, a parent will be contacted and must pick up their child from camp. This policy is maintained in order to prevent spreading to other campers. Parents will be notified if lice are found in their child's camp group. Campers who have lice must be treated and will be rechecked upon return to camp.

6. MEDICATION

Medication brought to camp by your child should be given to their Unit Director upon arrival at camp. It will then be transferred to the camp medical team. Medication must be in its original container and directions must be marked on the bottle. A signed physician's note must be brought with the medication detailing how and when it should be administered. If a change in medication is to occur, please notify us immediately. The camp medical team will be in charge of storing and dispensing medication. Parents are responsible for picking up medication at the end of each camp session.

7. CAR ARRIVAL AND DISMISSAL

AM ARRIVAL

- 1. Kton Ton, Parpar, Nitzan, Shalom, Shemesh and Marvin's campers will be dropped off at the Henry Kaufmann campgrounds parking lot. Drop off time will be between 7:45 8:30 am.
- Chalutz, Chaverim, Maccabiah, Machon, and Teen Travel (Nesiyah)
 campers will be dropped off at the Camp Pouch/Boy Scouts parking lot.
 Drop off time will be between 7:45 8:30 am.
- 3. If you have children in both drop-off locations we ask that you drop your older child first at the Camp Pouch/Boy Scouts parking lot, and afterwards drop off your younger children at the Henry Kaufmann campgrounds.
- 4. <u>CIT's</u> will be dropped off and picked up, every day, at the location of the division in which they are assigned to work.

PM DISMISSAL

- 1. We will be shuttling K'ton Ton, Parpar, Nitzan and Marvin's campers and their siblings to the JCC Bernikow building for afternoon dismissal beginning at 3:30 pm. We ask that you park in the JCC parking lot and walk to the front of the JCC building where staff will direct you to pick up your child(ren).
- 2. **Shalom and Shemesh campers (and their older siblings)** will dismiss at the Henry Kaufmann campgrounds beginning at 4:10 pm. However, parents are asked to line up



at the Boy Scouts/Pouch parking lot beginning at 4:00 pm. Please do not arrive earlier than 4:00 pm as carpool will not begin before 4:10 pm. If you arrive between 4:10 - 4:15 pm, you will typically be done with carpool no later than 4:20 - 4:25 p.m.

- 3. Chalutz, Maccabiah, Machon, and Teen Travel (Nesiyah) campers will be picked up at the Camp Pouch/Boy Scouts parking lot. Pick up time will begin at 3:30 pm.
- 4. If you have siblings in multiple divisions, they will dismiss with your youngest child at your youngest child's dismissal location.

For your easy reference see below:

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CAMP DIVISION	AM DROP OFF TIME	AM DROP OFF LOCATION	PM PICK UP TIME	PM PICK UP LOCATION
KTON TON HALF DAY	7:45 – 8:30 AM	HENRY KAUFMANN CAMPGOUND	1:00 PM	HENRY KAUFMANN CAMPGOUND
KTON TON AND PARPAR FULL DAY	7:45 – 8:30 AM	HENRY KAUFMANN CAMPGOUND	3:30 PM	JCC BERNIKOW BUILDING
NITZAN	7:45 – 8:30 AM	HENRY KAUFMANN CAMPGOUND	3:30 PM	JCC BERNIKOW BUILDING
SHALOM AND SHEMESH	7:45 – 8:30 AM	HENRY KAUFMANN CAMPGOUND	BEGINS AT 4:10 PM (LINE UP AT CAMP POUCH /BOY SCOUTS PARKING LOT FROM 4:00 PM)	HENRY KAUFMANN CAMPGOUND (LINE UP FIRST AT CAMP POUCH /BOY SCOUTS PARKING LOT)
MARVIN'S	7:45 – 8:30 AM	HENRY KAUFMANN CAMPGOUND	3:30 PM	JCC BERNIKOW BUILDING
CHALUTZ AND CHAVERIM	7:45 – 8:3 AM	CAMP POUCH/ BOY SCOUTS PARKING LOT	3:30 – 4:00 PM	CAMP POUCH/ BOY SCOUTS PARKING LOT
MACCABIAH AND MACHON	7:45 – 8:30 AM	CAMP POUCH/ BOY SCOUTS PARKING LOT	3:30 – 4:00 PM	CAMP POUCH/ BOY SCOUTS PARKING LOT
TEEN TRAVEL (NESIYAH)	7:45 – 8:30 AM	CAMP POUCH/ BOY SCOUTS PARKING LOT	3:30 – 4:00 PM	CAMP POUCH/ BOY SCOUTS PARKING LOT



DETAILED EXPLANATION OF CAMP CARPOOL PROCEDURES

AM ARRIVAL

KTON TON, PARPAR, NITZAN, SHALOM, SHEMESH AND MARVIN'S

In the morning K'TON TON, PARPAR, NITZAN, SHALOM, SHEMESH AND MARVIN'S CAMPERS WILL BE DROPPED OFF AT THE HENRY KAUFMANN CAMPGROUNDS LOCATED AT 1131 MANOR ROAD. Drop off time is between 7:45 – 8:30 am

All vehicles will enter through the main entrance of Henry Kaufmann Campgrounds (HKC) closest to the traffic light on Manor Road. There will be a separate lane on Manor Road for camp carpool families to enter the HKC campsite. This lane, which will run along the edge of Manor Road (on the north side), will be created using traffic cones. The entrance to this JCC camp lane will be approximately 750 feet from the HKC entrance and will be prominently marked with signage. You will be directed by staff to drive your car along a specific designated line. **Please remember that parents must remain in the vehicle at all times**.

Have your child sit in the BACK SEAT ONLY of your vehicle so that your child can exit the vehicle and be on the side closest to our staff (our staff will open the back door for you). If you must have your child sit in the front passenger seat, PLEASE DO NOT MOVE YOUR VEHICLE UNTIL YOUR CHILD HAS PASSED IN FRONT OF YOUR CAR.

After your child/ren have exited the vehicle you will follow the other cars out of the Henry Kaufmann Campgrounds where our staff will help you depart the drop-off area. Please note that left turns out of the HKC parking lot are not permitted. All cars are required to make a right turn onto Manor Road upon exiting the HKC parking lot. For the safety of all do not make U-turns or speed on Manor Road. Please adhere to posted speed limits and if you need to make a U-turn do so in the JCC Bernikow building parking lot.



CHALUTZ, CHAVERIM, MACCABIAH, MACHON, AND TEEN TRAVEL (NESIYAH)

In the morning <u>CHALUTZ</u>, <u>CHAVERIM</u>, <u>MACCABIAH</u>, <u>MACHON</u>, <u>AND TEEN</u> TRAVEL (NESIYAH) CAMPERS

WILL BE DROPPED OFF AT THE CAMP POUCH/Boy Scouts parking lot which is located across the street from the JCC Bernikow building parking lot. The drop off time is between 7:45 – 8:35 am.

All vehicles will enter through the main entrance of the CAMP POUCH/Boy scouts parking lot on Manor Road. As you enter the lot, JCC camp staff will be waiting and they will direct you to drive your car along a specific designated lane. The lane will be marked by traffic cones.

After driving through the parking lot you will be directed to the drop off zone, where your child will disembark from your vehicle.

Please remember that parents must remain in the vehicle at all times.

Have your child sit in the BACK SEAT ONLY of your vehicle so that your child can exit the vehicle and be on the side closest to our staff (our staff will open the back door for you). If you must have your child sit in the front passenger seat, PLEASE DO NOT MOVE YOUR VEHICLE UNTIL YOUR CHILD HAS PASSED IN FRONT OF YOUR CAR.

After your child/ren have exited the vehicle you will follow the other cars out of the Boy Scouts parking lot where our staff will help you exit onto Manor Road.

Please note that left turns out of the Boy Scouts parking lot are not permitted. All cars are required to make a right turn onto Manor Road upon exiting the Boy Scouts parking lot.

For the safety of all do not make U-turns or speed on Manor Road. Please adhere to posted speed limits and if you need to make a U-turn do so in the JCC Bernikow building parking lot.



PM DISMISSAL

HALF DAY K'TON TON DISMISSAL

Cars will line up (parallel to the parked cars) closest to the main entrance of the Henry Kaufmann Campgrounds, near the traffic light on Manor Road. At approximately 1:00 pm the campgrounds gate will open, and cars will be led into the parking lot where the children will be waiting for pick-up.

KTON, PARPAR, NITZAN AND MARVIN'S

We will be shuttling <u>K'ton Ton, Parpar, Nitzan, Marvin's campers and their</u> <u>siblings</u> to the <u>JCC Bernikow building</u> for <u>afternoon dismissal at 3:30 pm</u>. We ask that you park in the JCC parking lot and walk to the front of the JCC building where staff will direct you to pick up your child(ren).

SHALOM AND SHEMESH

In the afternoon, SHALOM AND SHEMESH CAMPERS WILL BE PICKED UP AT THE HENRY KAUFMANN CAMPGROUNDS LOCATED AT 1131 MANOR ROAD. Parents, though, are asked to line up first in the CAMP POUCH/Boy Scouts parking lot which is located across the street from the JCC Bernikow building parking lot.

All vehicles will line up in the Boy Scout parking lot which is located across the street from the JCC Bernikow building parking lot. There will be JCC staff in the parking lot to assist in directing cars to their proper line-up location. Please note that left turns are not permitted into the CAMP POUCH/Boy Scouts parking lot.

Once you are shown where to line-up by JCC staff, you will be given "word of the day" that you will share with the JCC staff member standing at the front gate of Henry Kaufmann Campgrounds (Only parents who know the "word of the day" will be permitted to pick-up their children). This is to ensure that no one cuts the line thereby making things as fair as possible for our parents and campers.

Shalom and Shemesh parents are asked to line up at the CAMP POUCH/Boy Scout parking lot no earlier than 4:00 pm and no later than 4:15 pm.



Beginning at approximately **4:10 pm and continuing to 4:25 pm parents of Shalom and Shemesh campers** will be directed by JCC staff from the Camp Pouch/Boy Scouts parking lot to Henry Kaufmann campgrounds. **PLEASE HAVE YOUR CARPOOL PASS HANGING FROM YOUR REAR VIEW MIRROR.**

• Upon entering the Henry Kaufmann campgrounds parking lot you will be asked to give your camper's name(s) to the JCC staff member who will call your child's name on the PA system. Thereafter you will move your vehicle up through the parking lot until you cannot go any further. At that time a JCC staff member will open the back door for your child, and after your child is seat belted, you will follow the vehicles out of Henry Kaufmann campgrounds exit way where our staff will help you depart the pick-up area. There are no left turns out of the parking lot.

If you are planning to have someone else other than a parent pick up your child, make sure they have a carpool pass and are listed on the authorized pick up form.

CHALUTZ, CHAVERIM, MACCABIAH, MACHON AND TEEN TRAVEL (NESIYAH)

In the afternoon, <u>CHALUTZ, CHAVERIM, MACCABIAH, MACHON AND TEEN TRAVEL</u> (<u>NESIYAH</u>) <u>CAMPERS</u> WILL BE PICKED UP AT THE Camp Pouch/<u>Boy Scouts</u> <u>parking lot</u> which is located across the street from the JCC Bernikow building parking lot.

The pick-up time is 3:30 - 4:00 pm

If you have children in different pick up locations (i.e., both the Boy scouts and Henry Kaufmann campgrounds lots or Boy scouts and JCC Bernikow Building) then we ask that you pick them up at the younger child's dismissal location and at the younger child's scheduled dismissal time. If that is problematic, please let us know and we will do our best to come up with an alternative solution.

Your cooperation in following your scheduled time will make for a more effective carpool.

Similar to AM drop-off, all vehicles will enter through the main entrance of the Boy scouts parking lot. As you enter the lot, JCC camp staff will be waiting and they will direct you to drive your car along a specific designated lane. The lane will be marked by traffic cones.



After driving through the parking lot you will be directed to the pick-up zone, where your child will be escorted to your vehicle.

Please remember that parents must remain in the vehicle at all times.

After your child/ren have entered the vehicle you will follow the other cars out of the Boy Scouts parking lot where our staff will help you exit onto Manor Road.

Please note that left turns out of the Boy Scouts parking lot are not permitted. All cars are required to make a right turn onto Manor Road upon exiting the Boy Scouts parking lot.

For the safety of all do not make U-turns or speed on Manor Road. Please adhere to posted speed limits and if you need to make a U-turn do so in the JCC Bernikow building parking lot.

8. BUS SERVICE

We offer optional bus service to our camper families for an additional fee. If you signed up for busing, a few days before camp starts you will receive a phone call and /or email informing you of the approximate time your child will be picked up each day. Throughout the camp season, bus pick-ups and drop-offs may fluctuate in time. This is due to new campers starting camp, construction or traffic delays. The bus counselor will attempt to contact you in the event of a significant delay. Please be patient if a bus is delayed getting to your stop. At least one, but typically two, bus counselors are assigned to a bus. Bus counselors take the campers' attendance and ensure their safety throughout the trip. Once the bus arrives at camp the bus counselor escorts the children off the bus and to their counselors who are waiting to greet them.

If you have a change in your schedule and your child uses the bus, please contact the camp office as soon as possible. Also, notify the Camp Unit Director and your child's counselor. Any deviation from normal transportation arrangements or special arrangements must be made at least one day in advance. In most cases, camp buses will provide door-to-door service. At times, it is impossible for our large school buses to get down your street due to the fact that it may be a dead-end street or too narrow for the buses to make turns. In these situations, we will attempt to pick up your camper at the next closest street. Campers should be ready for pick-up at designated times and places.



In the afternoon, buses depart from Henry Kaufmann Campgrounds (1131 Manor Road) at approximately 3:50 pm. Buses transporting K' ton Ton children typically depart at approximately 3:30-3:45pm. Our buses will return your child to your front door or designated spot. Please make sure you're available when our JCC buses arrive. Please take note: There is no bus transportation home on Late Dismissal Days.

9. CAMP TRIPS

Campers in the Marvin's, Chalutz, Chaverim, Maccabiah, Machon, and Nesiyah (Teen Travel) divisions, go on trips throughout the summer. Trip dates, dismissal times, recommended spending money and other details can be found on the camp calendars and nuts and bolts forms which will be emailed and can be found on the camp website at camp.sijcc.org.

On trip days, your child must wear the JCC Camp T-shirt they will receive during the first week of camp. Wearing the shirt is imperative these days for easier identification of our campers.

The JCC Day Camp pays all admission fees for trips. Campers may wish to give their counselors their spending money to hold. If campers choose to hold their money, the JCC is not responsible if lost or misplaced.

Pick-up for late trip dismissals (those after 4:00pm) generally will be held at the Bernikow JCC building, 1466 Manor Road. Please park your car in a designated spot in the parking lot and walk to the front of the building where your child will be waiting. It is essential that the area in the front of the building be kept "car" free to allow for our camp buses to safely drop off the children. Your cooperation is appreciated.

Please note that there is NO BUS SERVICE HOME ON LATE DISMISSAL TRIP DAYS. Please arrange car pick-up on those days.

Please note that there is NO HOT LUNCH ON ALL TRIP DAYS. Please pack lunch on trip days.



10. EXTENDED HOURS PROGRAM

For the parent who needs to drop-off their child beginning at 7:00 am, or who needs to pick-up their child after the camp day, we offer an EXTENDED HOURS PROGRAM. You may sign-up for either the morning or afternoon hours or both. There is an additional fee for this program. See the registration form for prices.

A.M. EXTENDED HOURS PROGRAM

The A.M. extended hours program meets at the Henry Kaufmann Campgrounds. A.M extended hours parents can drive right into the Henry Kaufmann Campgrounds parking lot at 7:00AM where staff will greet A.M extended campers. Campers will receive a light breakfast and enjoy games, playground and other activities.

P.M. EXTENDED HOURS PROGRAM

P.M. extended hours program meets at the Henry Kaufmann campgrounds. P.M. activities include games, sports, arts and crafts, and snacks. The JCC caterer offers for purchase drinks and light food items to pm extended hours campers.

P.M. extended hours parents are required to pull into the Henry Kaufmann Campgrounds parking lot after 4:45pm. An extended hours staff person will be waiting to greet you and will have your child brought to you.

Parents must pick up their children by 7:00 pm.

"Rain days" will take place at the campground. During periods of rain, children will remain under shelters. They will participate in regular camp activities such as arts and crafts, theatre, woodworking, drama, Lego robotics, science exploration, nature and watch movies.

If the forecast calls for severe weather in which we feel it is unsafe for the children to be on the campground, camp will be cancelled for the day. In the event of a camp cancellation you may substitute another day of camp. There are no refunds if camp needs to be cancelled due to weather. You will be notified prior to this decision.

We recommend sending your child in with rain gear on "rain days" to make them more comfortable during the camp day. Rain gear may include: sweatshirts, ponchos, rain jackets, and closed rain shoes. We do not recommend umbrellas as they are hazardous and easily misplaced.



12. MOVIE POLICY

As per the camp committee, campers in the Maccabiah, Machon, and Nesiyah/Teen Travel divisions are permitted to view suitable PG-13 rated movies, and campers in the Marvins, Shalom, Shemesh, Chalutz, and Chaverim divisions are permitted to view suitable PG movies under the discretion of the camp administrators. In determining the appropriateness of the movie, factors to be considered include content, language, and violence. If you do not want your child to see these movies please contact the camp office.

13. A TYPICAL DAY AT CAMP

Diverse programming is an essential component of the JCC camp experience. The calendar includes weekly shows and special events. Shows range from magicians and musical performers to Game shows and jugglers. Special events include the camp carnival, an Independence Day celebration, Israel Day, a weekly Shabbat celebration, and our three-day Olympiad, the Maccabi Games. Unit Directors supplement these shows and events with extra special daily activities.

As a traditional camp we offer a wide variety of activities for the campers. A typical camp day includes daily swimming, a variety of specialist activities, and frequent special events. Campers follow a weekly schedule in which each camp day is divided into 35-minute activity periods.

Specialist activities typically include:

- Baseball
- Basketball
- Woodworking
- Soccer
- Volleyball
- Dance
- Arts and Crafts
- Yoga
- Jiu-Jitsu
- Football

- Painting
- Music
- Gymnastics
- Animal Discovery
- Fun Science
- Archery
- Cooking
- Challah Baking
- Boating
- Rock Climbing



14. SWIM

Our swim program follows American Red Cross swim standards. All campers are encouraged to develop swim skills at their own pace and comfort.

Campers swim daily unless on trips and a portion of the swim period includes instructional swim.

If your camper is unable to go swimming on a particular day, please send a note with your child. If you have any questions about the swim program please contact the camp.

15. EARLY PICK-UP

If you need to pick up your child early, please call the office before coming to camp. When picking up your child please park outside the campgrounds and walk to the camp office where you will sign your child out. A JCC staff member will assist you with dismissal. As we are situated on a large campground it may take up to 20 minutes for your child to arrive in the parking lot. Please plan accordingly.

*PLEASE NOTE THAT YOU MUST PICK UP YOUR CHILD NO LATER THAN 3:00 PM AS COMING LATER THAN THIS IS EXTREMELY DISRUPTIVE TO OUR END OF CAMP ROUTINE. OTHERWISE, YOU MUST WAIT FOR REGULAR PM DISMISSAL.

16. COMMUNICATING WITH DIRECTORS

We recognize the importance of having an open line of communication between parents and unit directors. As such unit directors do their best to be available to parents daily. During the day, unit directors are very busy with the campers and are typically unavailable to answer phone calls. If possible, Unit Directors will try to contact parents during the camp day; more typically they will return calls after 5:00pm or early in the morning. When appropriate, parents are also encouraged to email unit directors any questions or concerns that they may have. Unit Director email addresses may be found at the beginning of this manual. You may also send a note with your child to their counselor or to the Unit Director.

We also encourage you to reach out to the camp directors, Stephanie and Glenn, if you have any concerns.



Camp is only eight weeks long and it is best to work out any concerns as soon as they arise. If you have a concern and it is not being addressed, then there is a good chance that we are not aware of the problem.

Additionally, if any unique situations occur at home that may affect your child, please let us know.

17. CELEBRATING BIRTHDAYS AT CAMP

If you would like to celebrate your child's birthday at camp, please notify the camp office in advance. If you send food to be served to other campers it must be individually packaged, kosher and nut free.

Please give at least one week's notice to the camp office of any birthday arrangements you plan to make.

18. CAMP PICTURES

Please have your child wear their JCC Camp T-Shirt on picture day. Both group and individual pictures are available for purchase. Picture day will be listed on the camp calendar and information will be emailed to you prior to their scheduled day. Make-up pictures are available and you will receive information on the date.

19. CAMP CALENDARS AND NUTS AND BOLTS

Each camp division has its own unique camp calendar and accompanying "Nuts and Bolts" form highlighting special events, weekly themes, and trips which you will receive via email in June.

20. PROJECT CHALLAH

Families may purchase challah, provided by Heartland Bagels throughout the summer. The challah, are distributed to campers on Fridays. For more information see the camp online registration form.

21. VISITING POLICY

Visitors will not be permitted on the campground this summer while camp is in session. There will be opportunities to visit camp outside of the camp hours.



22. TIPPING POLICY

Tipping staff at camp is permissible but entirely at your own discretion. Money, gift cards and other items have been given in the past. Most groups at camp have at least one senior counselor, one junior counselor, and at times a CIT II.

A "suggested" amount to tip for an 8-week camper is as follows:

Senior Counselor	\$75.00 - \$100.00
Junior Counselor	\$50.00 - \$75.00
CIT II	\$30.00 - \$40.00
CIT I	\$20.00 - \$30.00

A reminder, this is only a suggested rate. You may give whatever you feel comfortable giving.

23. CAMP COMMITTEE

Parents are encouraged to join the JCC Camp Committee. The Camp Committee consists of parents who meet on a regular basis with the JCC Camp Directors to help establish policy and programming for the camp. The committee begins its meetings in October and goes through the summer months. If you are interested in joining this committee, please contact Glenn or Stephanie.

24. CAMP ORIENTATION:

Camp orientation is an opportunity for parents to meet with the Unit Director and camp counselors, tour the grounds and learn more about the camp program. Be on the look out for an email announcing the dates.